

Author Event SATURDAY, FEBRUARY 11th & SUNDAY, FEBRUARY 12th

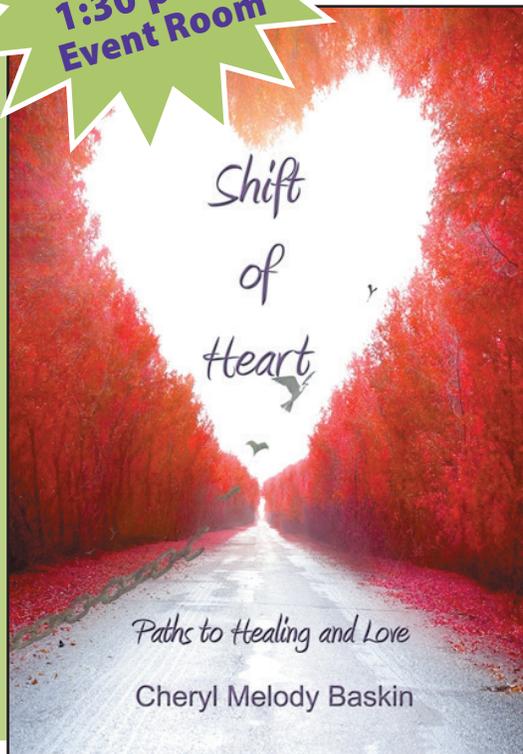
1:00 pm to 4:00 pm



Cheryl Melody Baskin

Shift of Heart Paths to Healing and Love

Inspirational
Talk and
Performance
1:30 pm in
Event Room



"Shift of Heart: Paths to Healing and Love" vibrates love, inspiration, compassion and encouragement. Each chapter gently guides us towards increased self-love, inner peace, balance, presence and mindfulness. Every inspiring word seeks to unchain inner turmoil and encourage a sense of greater freedom and creative flow. Shift of Heart is packed with crystal wisdom, practical tools for navigating challenges, true inspirational stories, short guided visualizations, reflections and meditations, positive affirmations, and a self-help approach humorously entitled My 5-Minute (Chakra) Quickie.

"Cheryl Melody Baskin has a clear, upbeat voice as a singer, and now she applies that same voice towards writing. Feisty, full of heart and direct wisdom, Baskin urges us, at any age, to open to all of our gifts, fall in love with our lives, even in chaos, and to experience a shift of heart".

-- Tama Kieves, USA Today Featured Best-Selling Author

"Your book is like getting a big hug"!

--Zorina Frey, Author/Publisher

"I believe that any small personal transformation creates a positive vibration on a global level. As one person shifts and heals towards love, the whole world changes for the better. It is exciting to realize the power and magnitude of inner growth. Each personal change and shift towards love, forgiveness and compassion sends out a higher resonance and vibration to our planet. We are our global brothers and sisters reflecting and healing one another, one perfectly-imperfect person at a time. Each of us is vibrationally dependent on the other. Peace and positive change begins within each of us, and our own healing and opening to love vibrates to the entire planet, one unique and beautiful person at a time."

-- Cheryl Melody Baskin



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